

The Spa Road

Explore intriguing spa offerings that embody

Less Traveled

the adventure and identity of a destination. BY MARYANN HAMMERS



GOOD AS GOLD

For \$300 at **ARIZONA'S FOUR SEASONS SCOTTSDALE**, you can enjoy the Pinnacle Facial, which incorporates gold sugar scrub, gold shimmer oil and gold-infused moisturizing cream. Why gold? Its anti-inflammatory properties add radiance to skin. The top-to-toe pampering also treats the body to a cleansing mask, a back-feet-arm exfoliation and a massage. 480.515.5700 or fourseasons.com/scottsdale



THAT'S AMORE

Suppose you just want a good massage? Fine, but why have it in an ordinary treatment room? At **SAN DIEGO'S LOEWS CORONADO BAY RESORT**, the Voga Voyage includes a 40-minute couple's massage during a cruise on a Venetian gondola, complete with stripe-shirted, ribbon-hatted gondolier. Don't rock the boat, baby! The \$449 price includes a one-night stay at the luxury bay-view resort. 800.815.6397 or loewscoronadobay.com



WET & WILD

Water is the theme at **COEUR D'ALENE RESORT IN IDAHO**, with trickling waterfalls, clear-bottomed pools, waterbed massage tables and views of an alpine lake from floor-to-ceiling windows. The programmable Pure Essence shower (\$25) adjusts from ultra-relaxation to exhilaration and includes a drenching rain-shower, shoulder-neck jet massage and 16 targeted sprays. Afterward, relax in a jetted deep-soaking tub, with chlorine-free water that lights up in a rainbow of hues, runs over your back and shoulders, overflows and disappears. 800.688.5253 or cdaresort.com



LET'S GET SPIRITUAL

Most spas claim to nourish mind, body and soul, but **THE INN AT LORETTO IN SANTA FE, N.M.**, takes the connection to a whole new level with astrology, chakra balancing and life coaching services. The Native Reflections Ritual (\$225) begins with sage smoke to clear the room of negative energy, followed by a sage oil bath and Sacred Stone Massage (also featuring sage oil). Guests receive a sage smudge-stick to complete the spiritual cleansing at home. 800.727.5531 or innatloretto.com



WHO DO YOU THINK YOU ARE?

THE WILDERNESS ADVENTURE SPA AT SPRING CREEK RANCH IN JACKSON HOLE, WYO., is located among breathtaking Grand Teton Mountains frame sweeping valley vistas. Soul Readings (\$250) fit right in with this inspiring locale. During this treatment, a clairvoyant outlines guests' life meaning and purpose, karmic patterns from past lives and soul-deep talents and skills. 800.443.6139 or springcreekkranch.com

Home, Sweet Spa

You love the flickering candles, trickling fountains, aromatherapy scents and fluffy robe. What a shame you have to leave after the treatment is over.

But wait. You don't have to go anywhere.

Indulgence, a Santa Barbara, Calif.-based mobile spa, offers mani/pedis, yoga, massages and other soothing services to locals, tourists, celebrities and bachelorette and birthday parties in homes, offices and hotel guestrooms.

"My clients don't need to worry about parking, being seen in a robe or driving home after their relaxing session," owner Caroline Loureiro says.

And it's not just in California. Mobile spas are sprouting up all over the country, offering luxurious, full-service, totally private, in-home spa experiences.

Quick Tip When visiting a destination spa, make sure you take full advantage of all it has to offer. Arrive for your treatment early or plan to stay afterward, so you can extend your relaxation with such spa amenities as relaxation rooms, steam and sauna facilities, plunge pools, even labyrinths and gardens.

